

## Why Should you Consider Our Supportive Day Program:

- Provides relief for family members who are struggling to juggle caregiving responsibilities across generations
- Enhances the socialization & development of relationships both at home & here in the program
- Promotes physical & emotional well being for the member
- Our staff has the ability to address individual strengths & needs which helps provide a sense of community & togetherness
- We offer a safe, supportive environment that combats loneliness, depression & isolation
- Supervised activities so you know your loved one is safe



### Cost Schedule

**Greenleaf Rate:** \$40/Day\*  
**ESMV Greenleaf Rate:** \$32/Day\*  
\$30/Half Day\*

### MVRTA Van Cost

**"Door to Door" Van Service**  
**Amesbury Residents:** Free of charge  
**Non Amesbury Resident:** \$2 each way

### Transportation Coordination Fees

**Amesbury Residents:**  
\$0/month  
**Non Amesbury Resident**  
\$0-\$20/Month

**\*Mass Health members: Daily rates  
may be covered with plan changes.**



### Greenleaf Supportive Social Day Program

Doreen Arnfield LSW, Director  
68 Elm Street, Amesbury, MA 01913  
978-388-8138 x 546

## Greenleaf Supportive Social Day Program

*Respite for your Family Tree*



### Mission Statement

The mission of the Amesbury Senior Community Center is to advocate for older adults, to identify their needs, to meet their health, economic, social and cultural needs, to encourage maximum independence and to improve their quality of life.



**Call for more Information:**  
**978-388-8138 x553**



#### Location

### 68 Elm St., Amesbury, MA

The Greenleaf Supportive Day Program is located within the Amesbury Senior Community Center. Greenleaf staff integrate participants in regular activities as well as modify activities based on client needs.

#### Greenleaf Hours

### Monday - Friday: 9:00am - 3:00pm

Lunch is served at 11:15am

Clients may arrive before scheduled time but will not be supervised before scheduled start time.

#### Senior Center Hours

### Monday - Friday: 8:00am - 4:00pm

Greenleaf meetings, Intakes, and case managers are available outside Greenleaf hours.

## Components of Social Day

Our program is designed to enhance the physical, emotional, and social well-being of senior adults, especially those who are socially isolated due to physical or emotional limitations. Members spend the day in a community setting engaging with one another in a safe, supportive environment. Our staff encourage physical & mental stimulation through daily activities. We strongly believe in volunteerism within the program which provides a sense of pride & accomplishment.

## Other Activities

- ◆ Volunteers create Easter baskets for the kids in our community
- ◆ Intergenerational Events (gardening, crafts, caroling, games)
- ◆ Animal Therapy
- ◆ Art Classes
- ◆ Senior Center Activities (Breakfast with the Chiefs, Monday Movie, Seasonal Events)

## EMHOT

The Elder Mental Health Outreach Team (EMHOT) is a completely free and confidential service funded by the MCOA and in partnership with the Pettengill House, Inc to residents of Amesbury, Salisbury, Newburyport, Merrimac, West Newbury, and Groveland. If you, or someone you know, are aged 60 or older and suffering with a mental health issue please call for a referral.



## Greenleaf Caregiver Support

All Greenleaf family members are automatically enrolled in Greenleaf Caregiver Support. This program offers additional support to caregivers and their loved one.

## Contact Information:

Doreen Arnfield, COA Director  
978-388-8138 x 546  
[www.amesburyma.gov](http://www.amesburyma.gov)